

These  
ARE **NOT** your  
grandma's perms  
and probably  
**not the perms**  
you learned in school!

With quick, easy wraps, unique tools that  
create texture and modern styles, you can  
bring those wave profits back into your salon!  
Learn from the industry experts – Tressa!

tressa®

# Before You Begin

## Analyze & Test

**Analyze** the hair and determine the appropriate Tressa wave to use to reform the hair (see the Wave Selection Chart included in this kit). Read the important cautions on the inside of the Tressa wave box before beginning service. **Test** with an IT Test (Internal Tension Test, below). This step determines the minimum rod or tool size needed to effectively produce the desired result and *should never be omitted*. If the wrong size of tool is used for reforming, the longevity of the service may be compromised.



## Directions for IT Test:

### Step 1

Take a single strand of hair and hold the strand between thumb and forefinger of each hand, about 1 1/2" apart.



### Step 2

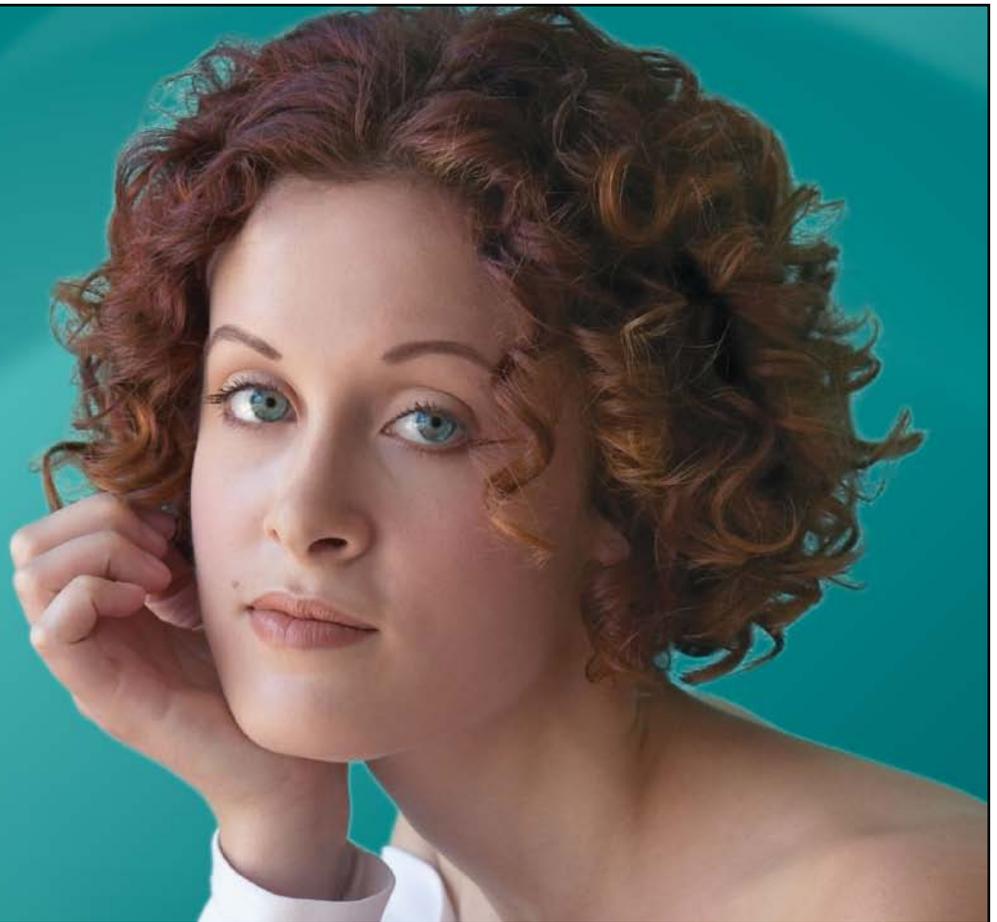
Move your hands towards each other and the hair will form a loop. The loop determines the size of the tool to be used.

## General Waving Tips

1. Cleanse and prepare hair by using Remove-All Plus Shampoo. Lather and leave on the hair for 5 minutes. This ensures that all product build up and contaminants are removed from the hair.
2. Spray on Tressa's Moistureze to balance the porosity and to ensure even, consistent curl patterns.
3. Apply Tressa's Protage Skin Protector to all skin that will be exposed during the wave service. This rich formula actually traps and neutralizes harmful agents and irritants before they reach the skin.
4. Remember that only Tressa has a patented Triple Bonding Neutralizer which allows you to perm and color in the same service! It also means your client can wash their hair immediately!
5. Be creative with your wraps and tools! Using unconventional perming tools will breathe new life and a modern look into all your styles!
6. For heat activated perms, remember to perform a test curl from root to tip to ensure correct processing.
7. Be sure to refer to the complete directions inside each wave box as well as in the Tressa Wave Manual.

# Beautiful Ringlets

If you're looking for soft, bouncy curls, this is the style for you. This technique creates light volume and texture all over.



# Square Spiral



**Step 1:** Enclose a small, random section in mesh. Fold any excess mesh up toward scalp.



**Step 2:** Insert section into the bottom of a Separator.



**Step 3:** Wrap section around Separator, toward the top.



**Step 4:** Secure section with a stabilizer at the top.



**Step 5:** Wrap another random section as above and secure with a stabilizer.



**Step 6:** Continue wrapping random sections on entire head. Apply and process perm according to directions on perm box.

## Tools Used:

Toe Separators or Rods  
Mesh or End Papers  
Stabilizers  
Protage  
Moistureze

## Styling Products:

Perk-It Curl Enhancer  
Revitalizing Cream  
Aglaze  
Finishing Spray



## Flirty Loose Wave

This technique provides firm lift at the scalp and soft, open waves toward the ends of the hair.



## Square Spiral



**Step 1:** Select two different rod sizes: a smaller rod for the horizontal position and a larger rod for the vertical position. Establish a center or side part. Using the length of the rod, create sections from the center or side part, down.



**Step 2:** Starting with the smaller rods, take a horizontal parting and divide it into three sub-sections. Wrap both sub-sections on each side of the middle section.



**Step 3:** Go back to the middle of your section and pick up the two horizontal, unwrapped partings. Split into two vertical partings. Wrap the larger rod so that it rests vertically on the horizontally wrapped rods. Continue to wrap remaining hair in that section vertically.



**Step 4:** Follow the same procedure around the entire head. The completed wrap should resemble railroad tracks. Apply and process perm according to directions on perm box.

### Tools Used:

Purple Rods  
Green Rods  
End Papers  
Protage  
Moistureze

### Styling Products:

Perk-It  
Revitalizing Cream  
Transfoaming Gel  
Finishing Spray



# Hollywood Curls

What's more Hollywood than big, voluptuous curls! This technique offers body and volume throughout with longer-lasting curls that mimic naturally curly hair.

## Rod to Roller



### Step 1: The Rod

The "Double Halo" or "Double Horseshoe" wrap is recommended for the Rod-to-Roller transfer. This wrap closely follows the natural contour of the head. The sections should be no wider than the rod. This will ensure a minimum amount of hair on each rod. Process according to directions on perm box until test curl indicates processing is complete. Rinse and towel blot. Air neutralize 5 min.



### Step 2: Transfer to the Roller

The roller size used depends on the final style desired and on the hair texture and strength. *Use smooth rollers and secure with plastic clips.* Remove a small section of the rods at one time. Apply Moistureze Wrapping Lotion and comb hair smoothly from the scalp. Generally, two rods can be transferred to one roller. While directing rollers into the desired style, your roller partings should be different from the rod partings. This will eliminate the rod marks. Pin curls may be used on shorter designs.



### Step 3:

When the transfer is complete, spray the inside of a plastic bag with water and wrap around rollers. Place under a dryer and do a test curl (first roller); 3 min. for firmer, roller size curl; 5 min. for open curl; 7 min. for a wave and 10 min. or more for just a bend. The hair should be smooth, and have the size and shape of the roller. Remove plastic bag and place a hair net over the rollers to keep them in place. Proceed with neutralizing.

### Tools Used:

- Gray Rods
- Gray Rollers
- End Papers
- Protage
- Moistureze

### Styling Products:

- Balancing Mist
- Transfoaming Gel
- Texturizing Paste
- Working Spray

**IMPORTANT:** For this technique, you must perform an I-T Test to determine the rod size needed to create the curl formation. Omitting this step may compromise the longevity of the curl (see Before You Begin Card).

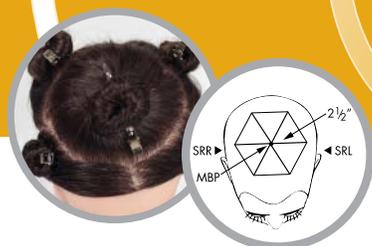
**Note:** This technique is particularly important to perform on clients with fine hair, but can be used on all hair types and lengths.

## Just want a little lift?

This technique offers volume at the root without a lot of curl from a traditional perm. The focus is at the crown of the head to deliver volume where you need it most. Plus, it's quick and easy to add a little polishing of color and shine – two salon services in one!



## Pump & Polish



**Step 1:** Begin at the Main Balance Point (MBP). Make a 2 1/2" parting, radiating from the MBP, making 6 triangles.



**Step 2:** Comb hair to the middle of the triangles and determine if the hair will be moving forward, backward or downward. Place a rod at the base of hair and wrap 1 1/2 times around the rod, leaving ends free. Secure rods by placing 2 stabilizers under each rod. Note: Depending on the style and length of the hair, a second section may be added. Apply and process perm according to directions on perm box.



**Step 3:** Add 1 oz. of chosen Irresistible Color to the neutralizer and blend gently. Apply to ALL of the hair. Air neutralize for 5 minutes. Remove the tools from the hair. Leave the color on for another 2 minutes. Rinse and shampoo with Replenishing Shampoo and Conditioner.

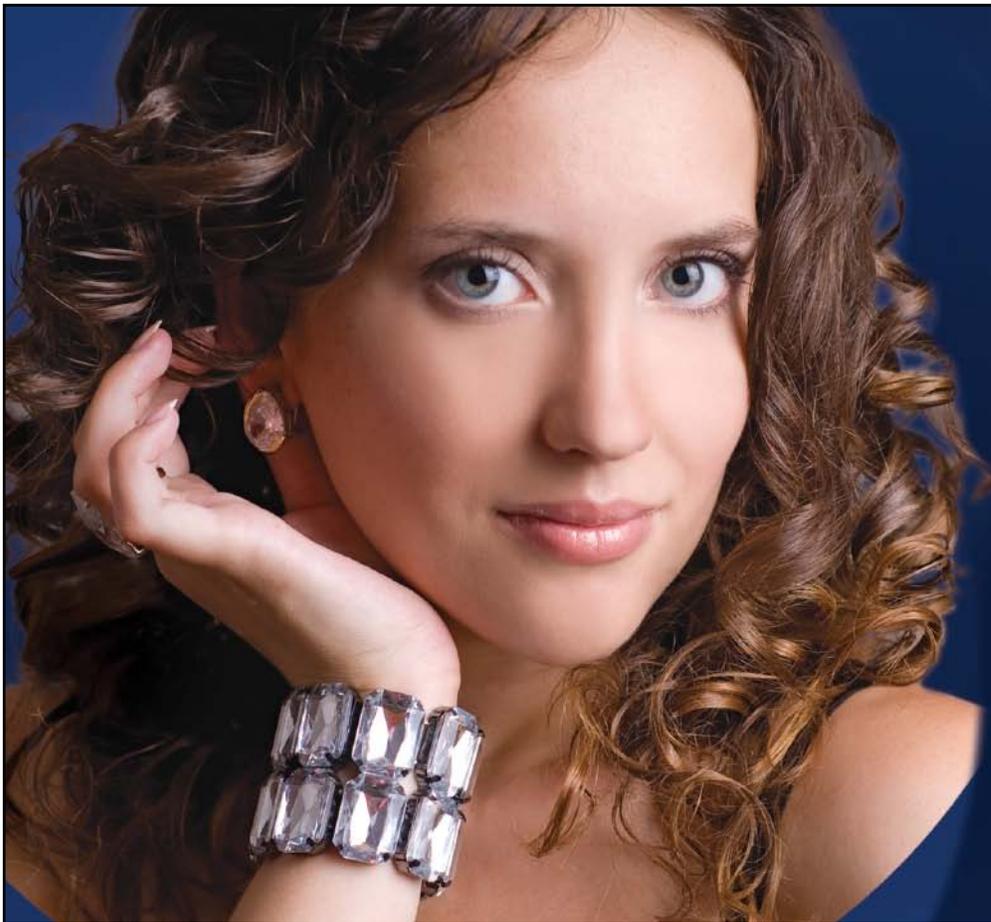
### Tools Used:

Bender Rods or Perm Rods  
Stabilizers  
Protage  
Moistureze

### Styling Products:

Balancing Mist  
Forming Cream  
Aglaze  
Working Spray

**Note:** It is important to keep the waving solution away from the ends of the hair. Applying Protage to the ends will protect the hair from absorbing the solution.



# Volume & Curl Throughout!

If you're looking for lift and volume with soft loose curls, this is your style! This technique creates a boost at the crown that continues throughout the surface of the scalp. Large, loose curls drape down towards the ends of the hair.

## Twister



**Step 1:** Start with a zigzag parting from the bottom of the occipital bone to the forehead.



**Step 2:** Take two Teal rod-size sections from the left side of the part. Twist the two sections together at the root, making one complete rotation.



**Step 3:** Using Teal Rods, wrap the two sections in a vertical direction around two separate rods. Roll one section forward, and the other, back.



**Step 4:** Secure the rods together using plastic stabilizers on each end, beneath the rods.



**Step 5:** Repeat this complete step on the entire top area, left and right sides.



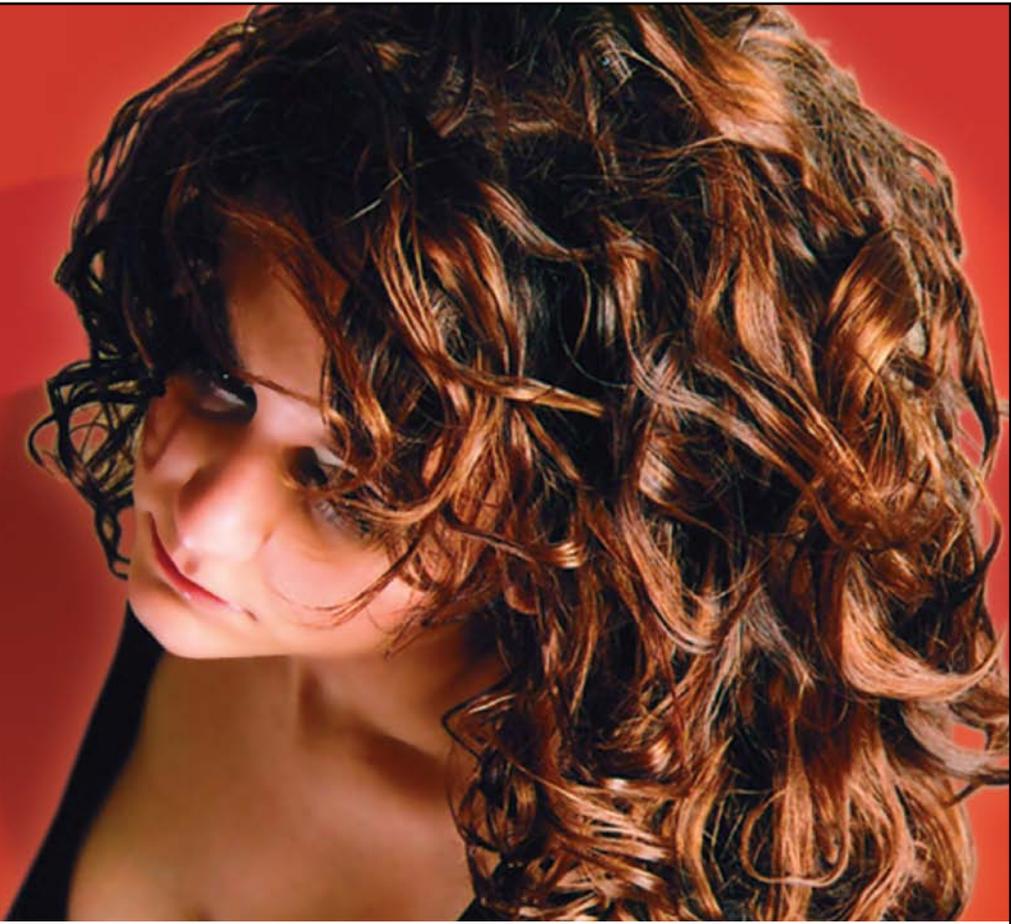
**Step 6:** Wrap remaining hair, rolling in a downward, conventional motion. Apply and process perm according to directions on perm box.

**Tools Used:**

- Teal Rods
- End Papers
- Stabilizers
- Protage
- Moistureze

**Styling Products:**

- Perk-It
- Revitalizing Cream
- Styling Gel
- Finishing Spray



## Funky & Natural

This technique creates modern, irregular, slightly square curls. With this unique curl pattern, you can easily go straight and sleek up your look while maintaining volume!

## Weathered



**Step 1:** Cut weather stripping into 5" strips. Do not remove the paper from the weather stripping as this adds support and rigidity to the tool.

**Step 2:** Section hair into 2" sections and use a brick lay wrap. Use end papers to enclose ends, ensuring consistent results on uneven layers.



**Step 3:** Wrap hair to the scalp as you would on a traditional perm rod, and bend the weather stripping in half. Secure ends together using a stabilizer or plastic clip.



**Step 4:** Wrap entire head, as above. Apply and process perm according to directions on perm box.

### Tools Used:

1 3/4" weather stripping  
(at your local home improvement store)  
Stabilizers or clips  
End Papers  
Protage & Moistureze

### Styling Products:

Balancing Mist  
Revitalizing Cream  
Forming Cream  
Working Spray

**Note:** You can cut longer pieces of weather stripping and wrap larger sections of hair to achieve larger curl patterns. During rinsing and neutralization, you may want to use a hair net to ensure the wrap stays secure.





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